



THE ART & SCIENCE OF HEALTHY LIVING

AUGUST 2005

alternative

M E D I C I N E

are you
losing your
mind? **5**

 ways to
reconnect

page 64

conquering
fear with
equine therapy

 page 70

potent
(and safe)

remedies to stock
your medicine chest

page 87

menopause:

4 HRT
alternatives

Editors' Picks:



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All Terrain

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